

The Process of Educare

“The word educare has its origins in the latin word, ‘educare’, which means ‘to elicit’.”
Human Values and Education, SSS 32:1, 26th July ‘99

The process of *Educare* is available to everyone. It is at the heart of spiritual transformation – the operating and unifying mechanism of the intellect and the heart. While the mind is a bundle of worries, reactions, and desires, the intellect (*buddhi*), or higher function of discrimination, in unison with the higher function of our emotional body (divine love), combine to enable us to draw out each and every human value needed at any given moment in time. This process is most often going on to some degree or another automatically. It is when the human being makes a leap from unconscious behavior, to conscious behavior, exercising the conscience that he or she moves into the realm of spiritual transformation.

Flowers for Worship

Truth	Right Conduct	Peace	Love	Nonviolence
Curiosity	Courage	Calmness	Caring	Benevolence
Discrimination	Dependability	Concentration	Compassion	Ceiling on Desires
Honesty	Determination	Contentment	Consideration	Citizenship
Integrity	Duty	Equanimity	Devotion	Cooperation
Intuition	Efficiency	Faith	Empathy	Ecological Balance
Reason	Healthy Living	Gratitude	Forbearance	Equality
Scientific Inquiry	Helpfulness	Happiness	Forgiveness	Harmlessness
Sincerity	Ingenuity	Humility	Friendship	Human Rights
Self-reflection	Initiative	Meditation	Generosity	Integrity
Self-existent Truth	Manners	Patience	Humaneness	Interdependence
Self- Inquiry	Perseverance	Penance	Sacrifice	Justice
Self-knowledge	Respect for parents	Self-confidence	Selflessness	Liberty
Trust	Responsibility	Self-esteem	Sharing	Respect
Truthfulness	Self-sufficiency	Self-respect	Sympathy	Social Service
	Sense Control	Spiritual Joy (Bliss)	Tolerance	Unity

*** Sources: Global Overview of SSS Education, SSEHV Manual, USA, Education in Human Values, Madhu Kapani

Flowers for Worship: “Sadhana”

Sadhana is just replacement of the bad tendencies of the mind by the divine attributes of the Atma. (C.W. B.S.S.B. – p.96)

The best sadhana is that every act throughout the day be done as worship to God. (C.W.B.S.S.B. – p.171)

There are three groups of sadhanas, which you have to take up – personal, social, and universal. (The Holiest Task, S.S.S. Vol.X – p. 288)

(a) State your intention for the month. Be specific. Think of a situation in your life that presents itself from time to time, in which you need to draw out (educare) the human value of the specific flower (ex: nonviolence, see the chart above).

(b) Describe two or three instances, in which you practiced the specific flower (ex: nonviolence) in your personal, social (e.g., Sai Center) or other aspect of your life, (e.g. family).